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Sushi (Tuttle Mini Cookbook): Ryuichi Yoshii

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Sushi For Dummies: Judi Strada, Mineko Takane Moreno

A cookbook or cookery book is a kitchen reference containing recipes. Cookbooks may be general, or may specialize in a particular cuisine or category of food.

Cookbook - Wikipedia

The James Beard Foundation Awards are annual awards presented by the James Beard Foundation for excellence in cuisine, culinary writing, and culinary education in the United States.

James Beard Foundation Award - Wikipedia

This book serves as a fascinating guide to 100 war films from 1930 to the present. Readers interested in war movies will learn surprising anecdotes about these films and will have all their questions about the films' historical accuracy answered. Applies an internationalist perspective to the war

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Hearst Magazines

Small tables are the perfect use-case for Emacs org-mode tables. Been a while since I used one, so great timing for a little refresh. Here's the org source for the table above (prior to exporting to HTML):

Xenodium - Álvaro Ramírez

The first dietary intervention shown to boost telomerase activity. All right, let me close out with one final round. First, a bit of background. Each one of us has 46 strands of DNA in each of our cells, coiled into chromosomes. At the tips of each chromosome, at the end of each DNA strand, there

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